HSC OP: 70.42, Break Time for Nursing Mothers

PURPOSE:

The purpose of this Texas Tech University Health Sciences Center Operating Policy and Procedure (HSC OP) is to establish standards and protocols for nursing or lactation accommodation in the workplace that demonstrate our Values-Based Culture and support

the designation as a Texas Mother-Friendly Worksite

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General Information 1.

TTUHSC supports and encourages the practice oh08 72 513n2682 0 Td()Tj0.008 Tc 0.008 Tw-0.008 Tc 0.008 TU

- e. This policy does not permit a baby to remain in the workplace as a substitute for regular off-site child care beyond the established nursing purposes.
- 4. Reasonable Break Time
 - a. Although a

- Safekeeping of the expressed milk is the responsibility of the team member. All
 expressed milk must be stored in closed containers, regardless of the method of
 storage.
- b. If the expressed milk is stored in a common refrigerated space, the team member must provide an insulated container to avoid contamination from other items stored therein. The container should be labeled with the team member's name and the date.
- c. If a refrigerator is not available, the team member may bring a small ice chest or other insulated container to store their expressed milk.

8. Authoritative References

29 USC. Section 207–Fair Labor Standards Act Texas Health and Safety Code Title 2, Subtitle H, Chapter 165, Sections 165.001–165.003

9. Right to Change Policy

TTUHSC reserves the right to interpret, change, modify, amend, or rescind this policy, in whole or in part, at any time without prior notice or consent of the team members.