

News Release

FOR IMMEDIATE RELEASE
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CONTACT:

take great care to follow all safety protocols," Jordan said. " The risk of acquiring coronavirus from exposure in these settings is very small. It is a much greater risk to not get a **flu** vaccination.

Both COVID-19 and flu can result in complications, including:

- < Pneumonia
- < Respiratory failure
- < Acute respiratory distress syndrome (i.e. fluid in lungs)
- < Sepsis
- < Cardiac injury (e.g. heart attacks and stroke)
- < Multiple-organ failure (respiratory failure, kidney failure, shock)
- < Worsening of chronic medical conditions involving the lungs, heart, nervous system or diabetes
- x < Inflammation of the heart, brain or muscle tissues
- < Secondary bacterial infections (i.e. infections that occur in people who have already been infected with flu or COVID-19)

The CDC recommends that everyone six months of age [REDACTED] season, especially people who are considered [high risk](#)