



The Role Of Supplemental Food Aid In Health Outcomes Of Population At Risk: The Case Of Kenya

**Elyvine Ingabire-Gasana; Mary Murimi, PhD; Breedlove team
Department of Nutritional Sciences, Texas Tech University**

Introduction

- ³ The world is facing a global crisis of food insecurity. Around 30% of the world population are either moderate or severely food insecure.
- ³ Children are among the most vulnerable population to the consequences of food insecurity, and around 45% of child deaths are associated with food insecurity-induced malnutrition.
- ³ Supplemental foods have been widely proven to be effective in reducing and preventing malnutrition in developing countries.
- ³ Harvest vegetable lentil blend is a supplemental food made of generalizable ingredients (rice, lentils, carrots and onions). This supplemental food is rich in various crucial nutrients such as protein, iron, iodine and folate.

Research Aims

The purpose of the study was twofold:

- ³ To investigate the effect of providing a supplemental food on the