

# The ESP Student Blog

## “Mindful Learning – Developing Entrustable Skills”

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Volume 003 – How Can The Core Entrustable Professional Activities (EPAs) Help My Residency Application?

What do I know about the EPAs from the previous blog entry?

1. You’ve learned that the EPAs are a list of 13 basic clinical activities that are expected of all medical graduates.
2. You’ve also learned that the EPAs have been formally documented by the AAMC as a result of concern by the residency program directors with the uneven preparation of medical graduates.
3. And, finally, you’ve learned that the ESP has entrustable thinking built-in. You can learn enough from the ESP to communicate what you know about your EPA abilities in terms of how you have to think.

How can I demonstrate entrustable thinking in my residency application?

You have two opportunities to personally demonstrate entrustable thinking:

1. You can grab their attention in your personal statement

How do I convey that I am entrustable in my personal statement?

As you organize the information to include in your personal statement, you have to make sure that you communicate through the Jungian type of the person reading it. People unconsciously communicate through their type, so they will respond strongest to content that is easiest to interpret. If a sensing type is reading the statement, their preference for facts and details will cause them to read for the



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