Leadership Update
May 15
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, 2020

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, help is
available. Speak with a mental health professional for help dealing with anxiety, depression,
stress, grief or worry 24/7.
a. Call the toll-free COVID-19 Mental Health Support Ling at (833) 986-1919.
b. If you are using the intranet, you can access the Mental Health Support Line information
through the Managed Care COVID-19 Resources. The Coronavirus link is highlighted in
yellow on your Managed Care homepage.
c. If you are using the internet, you can access the page using the link below.