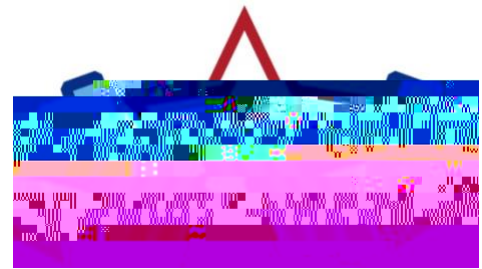


# Get Fit Texas!

## How to Register

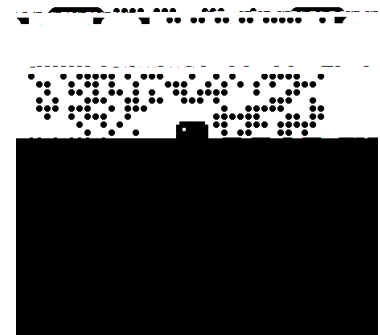
1. Go to [getfittexas.org/register](http://getfittexas.org/register).
2. Fill in the requested information, such as your name and email address, as prompted.
3. Start logging your physical activity minutes when the challenge begins on January 20, 2025!



Earn Leave Hours!  
Register below  
using the QR Code  
below

## Helpful Tips

- ‡ Use your work email, if possible. This will make it easier to identify you as part of your agency.
- ‡ Agencies are listed alphabetically.
- ‡ Subgroup is an option for employers who want to group their employees by division, location, etc.
- ‡ Registration data (including subgroup) can be edited at any time on the registration home page.
- ‡ Note: New registration is required each year.



Questions? Email  
[HSCWellness@ttuhsc.edu](mailto:HSCWellness@ttuhsc.edu)

Registration 1 R Z 2 3 (1 January 13, 2025)